

# Scalar dark matter production by scalarmon

Dmitry Gorbunov

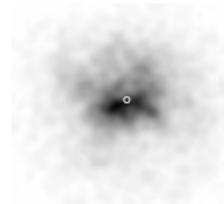
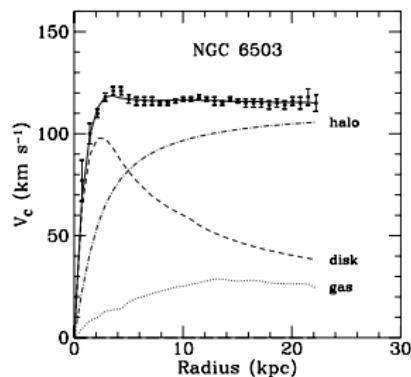
(based on 1009.2448 with Alexander Panin, work in progress...)

Institute for Nuclear Research, Moscow

SCALARS 2011,  
University of Warsaw, 27.08.2011

# Dark Matter in Astrophysics

Rotation curves



X-rays from clusters

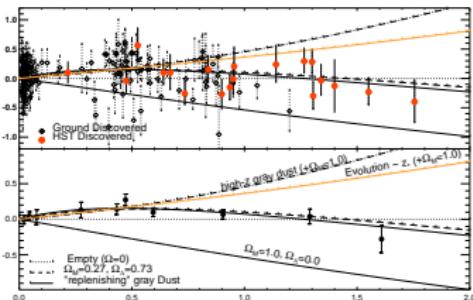
Gravitational lensing



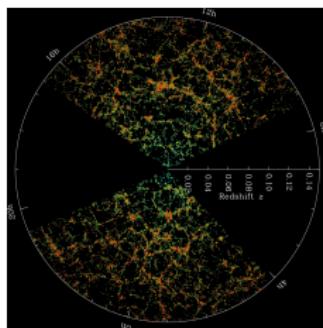
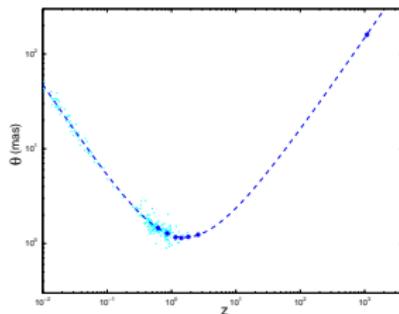
“Bullet” cluster

# Dark Matter in Cosmology

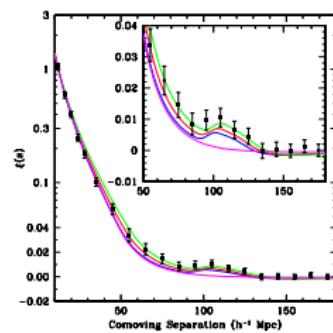
## Standard candles



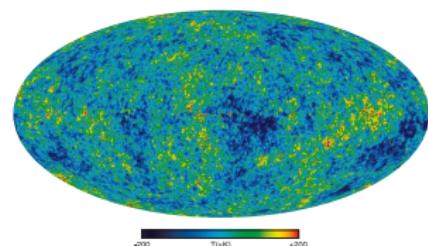
## Angular distance



## Structures

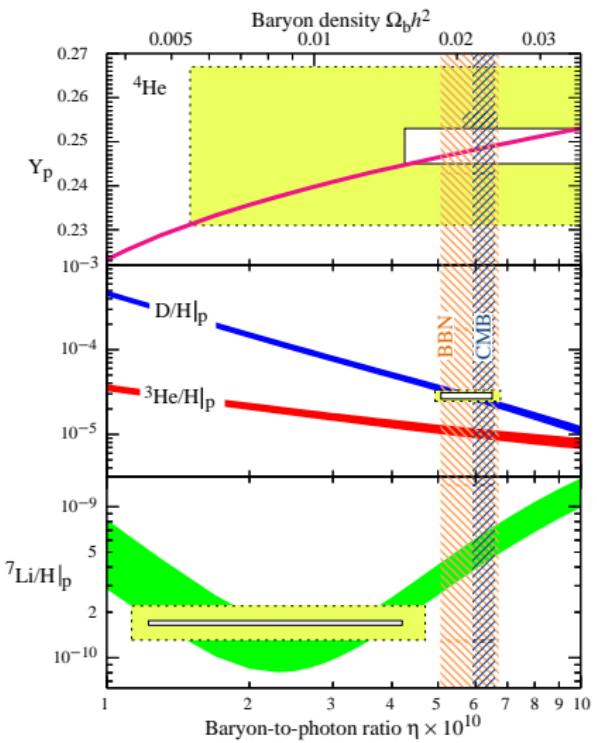
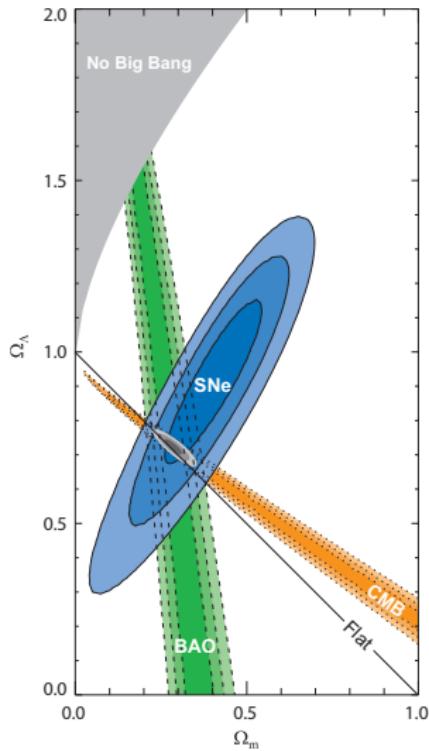


## BAO



## CMB fluctuations

# Cosmological parameters: $\Omega_{DM} = 0.22$ , $\Omega_B = 0.046$



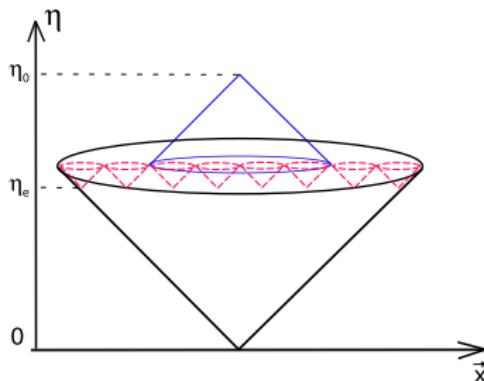
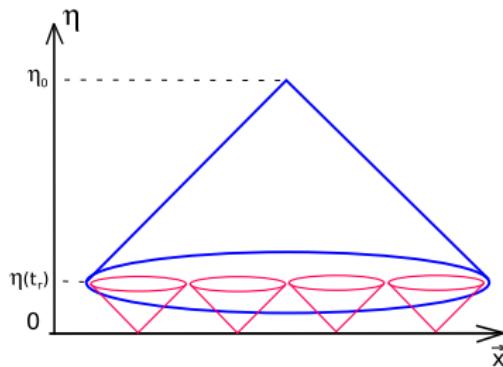
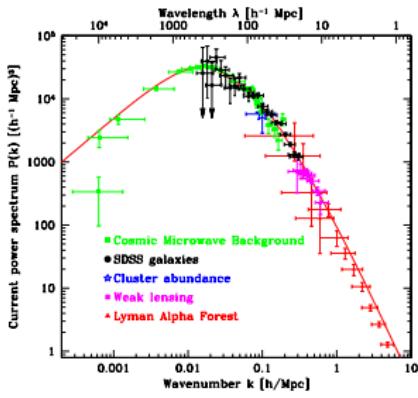
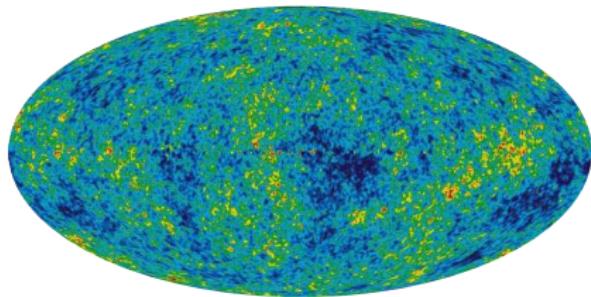
# Standard Model: Success and Problems

Gauge fields (interactions):  $\gamma, W^\pm, Z, g$

Three generations of matter:  $L = \begin{pmatrix} v_L \\ e_L \end{pmatrix}, e_R; Q = \begin{pmatrix} u_L \\ d_L \end{pmatrix}, d_R, u_R$

- Describes
  - ▶ all experiments dealing with electroweak and strong interactions
    - ▶ Neutrino oscillations
- Does not describe
  - ▶ Dark matter ( $\Omega_{DM}$ )
  - ▶ Baryon asymmetry ( $\Omega_B$ )

# Inflationary solution of Hot Big Bang problems



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  - ▶ Dark matter ( $\Omega_{DM}$ )
  - ▶ Baryon asymmetry ( $\Omega_B$ )
  - ▶ Inflationary stage
  - ▶ Dark energy ( $\Omega_\Lambda$ )
  - ▶ Strong CP: boundary terms, new topology, ...
  - ▶ Gauge hierarchy: No new scales!
  - ▶ Quantum gravity

Try to explain all above

Gravity saves the day...?

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Gauge fields (interactions):  $\gamma, W^\pm, Z, g$

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  - ▶ Inflationary stage?

Try to explain all above

Gravity saves the day...?

# Inflation: $R^2$ term

$$S^{JF} = -\frac{M_P^2}{2} \int \sqrt{-g} d^4x \left( R - \frac{R^2}{6\mu^2} \right) + S_{matter}^{JF},$$

Jordan Frame  $\rightarrow$  Einstein Frame

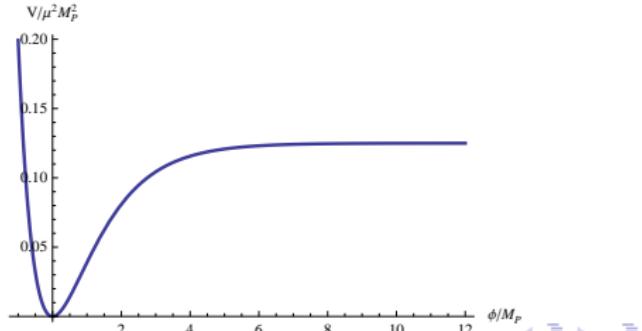
A.Starobinsky (1980)

$$g_{\mu\nu} \rightarrow \tilde{g}_{\mu\nu} = \chi g_{\mu\nu}, \quad \chi = \exp\left(\sqrt{2/3}\phi/M_P\right).$$

$$S^{EF} = \int \sqrt{-\tilde{g}} d^4x \left[ -\frac{M_P^2}{2} \tilde{R} + \frac{1}{2} \tilde{g}^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - \frac{3\mu^2 M_P^2}{4} \left( 1 - \frac{1}{\chi(\phi)} \right)^2 \right] + S_{matter}^{EF},$$

generation of (almost) scale-invariant scalar perturbations from freezed in quantum fluctuations

$\delta\rho/\rho \sim 10^{-5}$  requires  
 $\mu = m_\phi \approx 1.3 \times 10^{-5} M_P$



# Post-inflationary Reheating: provided by gravity

$$S_{matter}^{JF} = S(g_{\mu\nu}, \phi, A_\mu, \dots) \rightarrow S_{matter}^{EF} = S(\tilde{g}_{\mu\nu}, \tilde{\phi}, \tilde{A}_\mu, \dots)$$

$$g_{\mu\nu} \rightarrow \tilde{g}_{\mu\nu} = \chi g_{\mu\nu}, \quad \chi = \exp\left(\sqrt{2/3}\phi/M_P\right).$$

for free (in the Jordan frame) scalar  $\phi$  and fermion  $\psi$  fields:

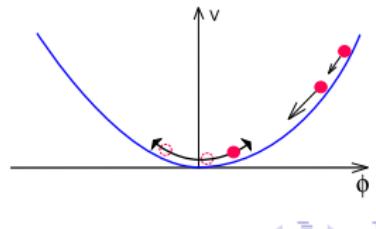
$$S_{\phi}^{EF} = \int \sqrt{-\tilde{g}} d^4x \left( \frac{1}{2} \tilde{g}^{\mu\nu} \partial_\mu \tilde{\phi} \partial_\nu \tilde{\phi} - \frac{1}{2\chi} m_\phi^2 \tilde{\phi}^2 + \frac{\tilde{\phi}^2}{12M_P^2} \tilde{g}^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + \frac{\tilde{\phi}}{\sqrt{6}M_P} \tilde{g}_{\mu\nu} \partial_\mu \tilde{\phi} \partial_\nu \phi \right),$$

$$S_{\psi}^{EF} = \int \sqrt{-\tilde{g}} d^4x \left( i\bar{\psi} \hat{\mathcal{D}} \psi - \frac{m_\psi}{\sqrt{\chi}} \bar{\psi} \tilde{\psi} \right).$$

$$\phi \rightarrow \tilde{\phi} = \chi^{-1/2} \phi, \quad \psi \rightarrow \tilde{\psi} = \chi^{-3/4} \psi, \quad \hat{\mathcal{D}} \rightarrow \tilde{\hat{\mathcal{D}}} = \chi^{-1/2} \hat{\mathcal{D}}$$

New scale  $m_\phi \sim \mu$  is screened:

$$\delta \mathcal{L}^{JF} = \frac{M_P^2}{2\mu^2} R^2 \rightarrow \mathcal{L}_\phi^{EF} \propto 1/M_P$$



# Reheating: decay of scalarons

$$\rho_\phi = \mu^2 \phi^2 / 2 = \mu n_\phi \rightarrow \rho_{rad} \propto T^4 \quad \mu \gg m_\phi, m_\psi$$

$$\Gamma_{\phi \rightarrow \varphi \varphi} = \frac{\mu^3}{192\pi M_P^2},$$

$$\Gamma_{\phi \rightarrow \bar{\psi} \psi} = \frac{\mu m_\psi^2}{48\pi M_P^2}.$$

$$T_{reh} \approx 4.5 \times 10^{-2} \times g_*^{-1/4} \cdot \left( \frac{N_{scalars} \mu^3}{M_P} \right)^{1/2},$$

for the SM with 4 scalar degrees of freedom:

A.Starobinsky (1980,1981)

$$T_{reh} \approx 3 \times 10^9 \text{ GeV}$$

# Dark Matter

Most economic solution: stable scalars

The WIMP-like solution needs

- ① special coupling to SM fields
- ② special symmetry to prevent instability: decay into SM fields

In  $R^2$ -inflation the most economic solution is

production in the scalaron decay

both Inflation and Dark matter from the same source, GRAVITY

# Scalar Dark Matter: production in scalaron decays

The same universal messenger: gravity

D.G., A.Panin 1009.2448

$$\rho_\phi = \mu^2 \phi^2 / 2 = \mu n_\phi \rightarrow \rho_{DM} = m_{DM} n_{DM}$$

$$\Gamma_{\phi \rightarrow \varphi \varphi} = \frac{\mu^3}{192\pi M_P^2},$$

$$m_\varphi \approx 7 \text{ keV} \times \left( \frac{N_{scalars}}{4} \right)^{1/2} \left( \frac{g_*}{106.75} \right)^{1/4},$$

Heavier stable particles ( $m_\phi < \mu/2 \sim 10^{13} \text{ GeV}$ ) are excluded!

Scalars are hot!

$$p_\varphi \sim 10^{13} \text{ GeV} @ T_{reh} \approx 3 \times 10^9 \text{ GeV}$$

Scalars are still relativistic at eV-epoch!

Hence not DM

# Scalar Dark Matter: other ways out

Two options within our paradigm of  
AVOIDING NEW INTERACTIONS IN PARTICLE PHYSICS:

- ① switch on nonminimal (conformal) coupling to GRAVITY:  $\frac{\xi}{2} R\varphi^2$
- ② consider a SUPERHEAVY dark matter candidate:  $m_\varphi > \mu/2$

# 1: Light scalar with nonminimal coupling to gravity

$$S_{\phi}^{JF} = \int \sqrt{-g} d^4x \left( \frac{1}{2} g^{\mu\nu} \partial_\mu \phi \partial_\nu \phi - \frac{1}{2} m_\phi^2 \phi^2 + \frac{\xi}{2} R \phi^2 \right),$$

introducing no new scales, not interfering with inflation:  $0 < \xi < 1$

$$g_{\mu\nu} \rightarrow \tilde{g}_{\mu\nu} = \chi g_{\mu\nu}, \quad \chi = \exp \left( \sqrt{2/3} \phi / M_P \right), \quad \phi \rightarrow \tilde{\phi} = \chi^{-1/2} \phi.$$

for free (in the Jordan frame) scalar field  $\phi$ :

$$\begin{aligned} S_{\phi}^{EF} = & \int \sqrt{-\tilde{g}} d^4x \left[ \frac{1}{2} \tilde{g}^{\mu\nu} \partial_\mu \tilde{\phi} \partial_\nu \tilde{\phi} + \frac{\xi}{2} \tilde{R} \tilde{\phi}^2 - \frac{1}{2\chi} m_\phi^2 \tilde{\phi}^2 \right. \\ & \left. + \frac{1}{2} \left( \frac{1}{6} - \xi \right) \frac{\tilde{\phi}^2}{M_P^2} \tilde{g}^{\mu\nu} \partial_\mu \phi \partial_\nu \phi + \sqrt{6} \left( \frac{1}{6} - \xi \right) \frac{\tilde{\phi}}{M_P} \tilde{g}^{\mu\nu} \partial_\mu \tilde{\phi} \partial_\nu \phi \right]. \end{aligned}$$

$$\Gamma_{\phi \rightarrow \phi \phi} = \left( 1 - 6\xi - 2 \frac{m_\phi^2}{\mu^2} \right)^2 \frac{\mu^3}{192\pi M_P^2}.$$

# 1: Warm or Cold scalar dark matter

$$\Gamma_{\phi \rightarrow \phi \phi} = \left(1 - 6\xi - 2 \frac{m_\phi^2}{\mu^2}\right)^2 \frac{\mu^3}{192\pi M_P^2}.$$

scalar 3-momentum @ production:

$$p_* = \sqrt{\mu^2/4 - m_\phi^2}, \text{ then redshifting } p = p_* \frac{a(t_*)}{a(t_{reh})}$$

Spectrum of produced dark matter particles:

$$f(p) \propto \frac{1}{p^{3/2}}, \quad \langle p \rangle(T_{reh}) = \frac{3}{5} p_* \gg T_{reh}$$

Ultrarelativistic @ reheating

must be conformal “with 10%-accuracy”

To be Warm ( $v_{DM} \sim 10^{-3}$  @ equilibrium,  $T \sim 1$  eV) we need:

$$m_\phi \simeq 3 \text{ MeV}, \quad \text{then } \xi \approx 1/6 - 7.7 \times 10^{-3}, \text{ or } \xi \approx 1/6 + 7.7 \times 10^{-3}.$$

To be Cold ( $v_{DM} \ll 10^{-3}$  @ equilibrium,  $T \sim 1$  eV) we need:

$$1/6 - 7.7 \times 10^{-3} < \xi < 1/6 + 7.7 \times 10^{-3}, \quad m_\phi = m_\phi(\xi) > 3 \text{ MeV}$$

## 2: Superheavy dark matter candidate, $m_\varphi > \mu/2$

Particle production in the expanding Universe

$$ds^2 = a^2(\eta) \left( d\eta^2 - d\vec{x}^2 \right), \quad \tilde{\varphi} = s/a(\eta),$$

Main effect: production at the end of inflation

$$e^{-\phi/M_P} m_\varphi^2 \tilde{\varphi}^2$$

$$\left\{ \frac{\partial^2}{\partial \eta^2} - \frac{\partial^2}{\partial \vec{x}^2} + \frac{1}{\chi} a^2 m_\varphi^2 - \left( \frac{1}{6} - \xi \right) \left( 6 \frac{a''}{a} + \frac{\phi'^2}{M_P^2} + \frac{\sqrt{6} a^2}{M_P} \frac{\partial V(\phi)}{\partial \phi} \right) \right\} s(\eta, \vec{x}) = 0,$$

Calculation of Bogolubov's transformation coefficients:

vacuum initial conditions

$$s(\eta, \vec{x}) = \frac{1}{(2\pi)^{3/2}} \int d^3 p \left( \hat{a}_p s_p(\eta) e^{-i\vec{p}\vec{x}} + \hat{a}_p^\dagger s_p^*(\eta) e^{i\vec{p}\vec{x}} \right), \quad s_p \rightarrow 1/\sqrt{2\omega}, \quad s'_p \rightarrow -i\omega s_p.$$

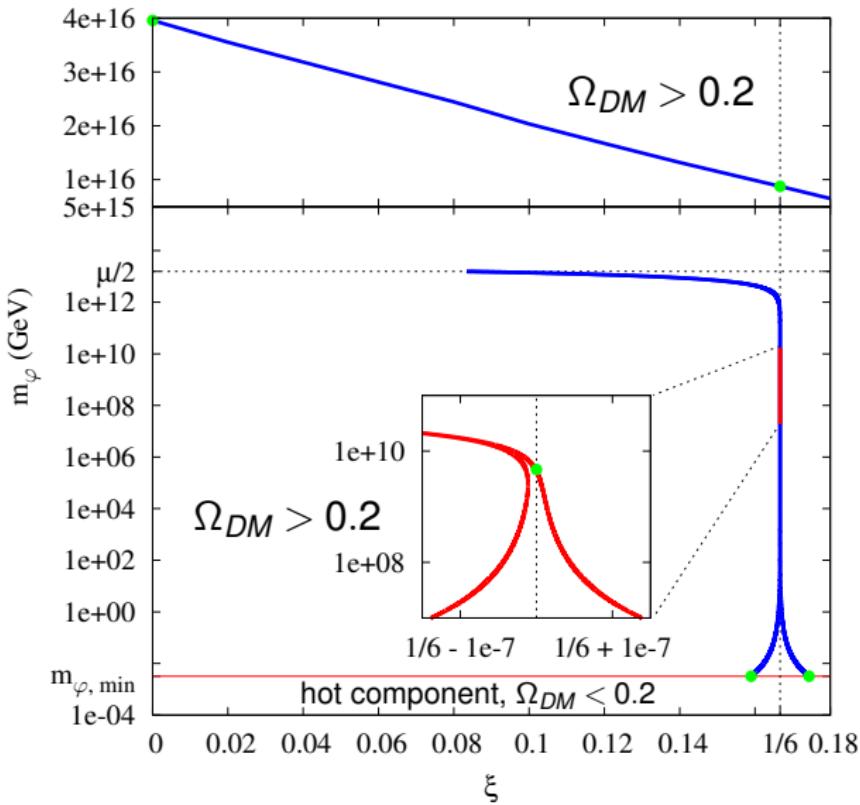
DM particle density in post-inflationary Universe

$m_\varphi \sim 10^{16}$  GeV to explain DM

$$n_\varphi = \frac{1}{(2\pi a)^3} \int d^3 p |\beta_p|^2, \quad |\beta_p|^2 = \frac{|s'_p|^2 + \omega^2 |s_p|^2}{2\omega} - \frac{1}{2}.$$

# Summary on scalar Dark Matter:

D.G., Panin, 1109.xxxx



Minimal coupling to gravity,  
 $\xi = 0$ :  
 Superheavy DM:  
 $m_\phi = 4 \times 10^{16} \text{ GeV}$

Conformal coupling to  
 gravity,  $\xi = 1/6$ :  
 Superheavy DM:  
 $m_\phi = 1 \times 10^{16} \text{ GeV}$   
 Heavy DM:  
 $m_\phi \sim 3 \times 10^9 \text{ GeV}$   
 production @  $H \sim m_\phi$   
 neglected yet

Warm Dark Matter:  
 $m_\phi \sim 3 \text{ MeV}$

# Back up slides

# Summary

Simple inflationary model  $R^2$   
extended by three sterile fermions (neutrinos)  
explains

- active neutrino masses and mixing angles
- DM as  $10^7$  GeV free fermions
- baryon asymmetry via leptogenesis due to heavy sterile neutrinos of  $10^{12}$ - $10^{13}$  GeV produced by scalaron decay (new scale)
- (or baryon asymmetry via leptogenesis due to light sterile neutrinos of  $10^{-1}$ - $10^1$  GeV produced by oscillations)

All above is due to universal coupling of scalaron to matter provided by gravity (and neutrino)

Predictions:  $n_s$  and  $r$ ,  $m_h$  from Landau pole, one massless neutrino  
active neutrino sector...? (and light sterile neutrinos)

# BAU via leptogenesis: two options

Add sterile neutrinos to explain active neutrino oscillations

use oscillations to produce sterile neutrinos in primordial plasma

(OK)

or

use the same universal messenger to produce sterile neutrinos: gravity (new scale)

$$\rho_\phi = m_\phi^2 \phi^2 / 2 = m_\phi n_\phi \rightarrow \rho_N = m_N n_N$$

$$\mathcal{L}^{JF} = i \bar{N}_I \gamma^\mu \partial_\mu N_I - y_{\alpha I} \bar{L}_\alpha N_I \tilde{\Phi} - \frac{M_I}{2} \bar{N}_I^c N_I + h.c.$$

$$\frac{n_{N_I}}{s}(T_{reh}) = 3 \times 10^{-6} \times \left( \frac{M_I}{5 \times 10^{12} \text{ GeV}} \right)^2.$$

seesaw mechanism:

neutrino of  $M_N > 10^{10}$  GeV decays before reheating:

$$m_{\nu_{\alpha\beta}} = - \sum_I y_{\alpha I} \frac{v^2}{2 M_I} y_{\beta I},$$

$$\Gamma_{N_I} = \frac{M_I}{8\pi} \sum_\alpha |y_{\alpha I}|^2 \sim \sqrt{\Delta m_{atm}^2} \frac{M_I^2}{v^2}.$$

# Lepton asymmetry from seesaw neutrino decays

Only the lightest sterile neutrino contribution ( $I = 1, 2$ ,  $M_1 \ll M_2$ ) is enough

$$\delta_L = \frac{\Gamma(N_1 \rightarrow h l) - \Gamma(N_1 \rightarrow h \bar{l})}{\Gamma_{N_1}^{tot}} \lesssim \frac{3M_1 \sqrt{\Delta m_{atm}^2}}{8\pi v^2}$$

an order of magnitude estimate for the asymmetry right before the reheating

$$\Delta_L = \frac{n_L}{s} = \delta_L \cdot \frac{n_{N_1}}{s} \lesssim 1.5 \times 10^{-9} \times \left( \frac{M_1}{5 \times 10^{12} \text{ GeV}} \right)^3.$$

we got

$$\Delta_{B,0} = \Delta_L / 3 \sim 0.5 \times 10^{-9}$$

we need

$$\Delta_{B,0} \approx 0.88 \times 10^{-10}$$

Cannot yield much larger...!